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EUROPEAN MEDIATION CONFERENCE
Building Relationships and Getting Results
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MARITAL MEDIATION PROCESS

BEGINNING MEDIATION

- **Greetings**
- **Introduction** of mediator and participants
- **Describing the process** : *mediation provides a space for the participants to have a constructive conversation on all issues of concern to them and find their own solutions.*
- **Describing the role of the mediator** : *listen to and being supportive of each one impartially, help talk to each other and find their own solutions, no power of decision, keep confidentiality.*
- **Establish ground rules** : *the mediator asks each participant to agree to talk for oneself (“I” message) rather than talk about the other one, to listen to the other person without interrupting, not to use what is said in mediation against the other person.*
- **Identifying issues to be discussed** : *the mediator asks each participant what brought them here (start with the initiator), summarize each one’s perspective, ask each person what they expect from mediation and reframe it in issues they both agree to discuss.*

EXPLORING SITUATION

- **Explore relationship from encounter to today:** *ask participants questions about significant periods and events in their lives (point of views, concerns and feelings). Reflect feelings and interaction patterns. NO INTERPRETATION*
- **Negotiate one issue at a time** : *explore point of views, feelings and needs*
- **Participants determine “small steps”** they agree to try at the end of each session

FINDING SOLUTIONS

- **Participant find concrete solutions** based on the needs each one expressed
- **Verify feasibility of solutions**
- **Participants agree to these solutions**
- **Evaluate the work with the participants using their objectives**
- **Address approach for future difficulties**